

The Forum Community Centre – Summer 2008 – Regular Activities Programme

Lounge Area is open to Non FRA members on specific days & times in the programme below. Tea, coffee, soft drinks, biscuits always available in the lounge.

FRA Membership is only £10 per year !! **June July August September** Snacks will become available if regular demand dictates.

	Monday	Tuesday	Wednesday	Thursday	Friday	FRA Members Events
Bar Hall Half am	NURSERY SCHOOL Term Time	NURSERY SCHOOL Term Time	NURSERY SCHOOL Term Time	NURSERY SCHOOL Term Time	NURSERY SCHOOL Humpy Dumpty's 12.30 – 2.30	<u>Events Start at 8pm</u>
12pm	Autumn Club 2 – 4 <u>2nd & Last Monday</u> <u>Of Every Month</u> Contact John Graystone 8651 2698	Toddler Group 1:15 – 2.30 Contact Matt & Lynne Clifton 8657 0078	Family Group 12.30 – 2.30 For mums & under 5s - Contact Croydon Family Groups: 8686 7490	Toddler Group 1:15 – 2.30 Contact Matt & Lynne Clifton 8657 0078	pre – weekend relax for mums and kids 0-5 play / toy areas – drinks – ploughman's if ordered Sam: 8651 9418 Kelly: 8651 4609	
3pm	Table Tennis 7.30 – 10.00 Contact	Singing Group 8 – 10 Contact Shirley 8651 4664	Kids Alive 6 – 7.15 Contact Matt & Lynne Clifton 8657 0078	Weight Watchers 6 – 8.30 Contact 01689 602135	Childrens Dance Class 4.45 – 5.45 Contact Grace 07795642349 Karate 7-8 Contact Mo 8777 1820	
Rear Hall Half am	NURSERY SCHOOL Term Time	NURSERY SCHOOL Term Time	NURSERY SCHOOL Term Time	NURSERY SCHOOL Term Time	NURSERY SCHOOL Humpy Dumpty's 12.30 – 2.30	Aug 13 th Quiz Night and Food Aug 15 th Race Night and BBQ Aug 25 th Summer All Day Family Fun and Games Bouncy Castle, Tug of War etc Sept 5 th Disco and BBQ Sept 20 th Race Night and BBQ Sept 27 th Poker Night and Food *6pm Start – Players to book in advance with Centre Manager
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Lounge Area	Forum Friends <u>1st & 3rd (4th)</u> <u>Mondays</u> 2.30 – 4.00 £2 each Contact: Daphne or Shirley 020 8651 4664		Forum Tea Dances Complete Beginners & All Levels <u>2nd & 4th</u> <u>Wednesdays</u> 2.30 – 4.30 £2 each Contact Stan Smoker 8651 1738	Thursday Rendezvous 1.30 – 3.30 Open to Non FRA Members to Meet & Chat over Non Alcoholic Drinks. Snacks will become available if regular demand dictates.	Friday Rendezvous 1 - 3 Open to Non FRA Members to Meet & Chat over Non Alcoholic Drinks. Snacks will become available if regular demand dictates.	<u>Sundays</u> <u>Aerobics Workout</u> <u>In Hall 10:00 am</u> £3.50 per session Contact Jade On 07711919441