

## The Forum Community Centre – Autumn 2008 – Regular Activities Programme

Lounge Area is open to Non FRA members on specific days & times in the programme below. Tea, coffee, soft drinks, biscuits always available in the lounge.

FRA Membership is only £10 per year !! **September October November December** Snacks will become available if regular demand dictates.

	Monday	Tuesday	Wednesday	Thursday	Friday	FRA Members Events
Bar Hall Half am	NURSERY SCHOOL Term Time	NURSERY SCHOOL Term Time <b>Toddler Group</b> 1:15 – 2.30 Contact Susan & Ian Woodgate 8657 0078	NURSERY SCHOOL Term Time <b>Family Group</b> <b>12.30 – 2.30</b> For mums & under 5s - Contact Croydon Family Groups: 8686 7490	NURSERY SCHOOL Term Time <b>Toddler Group</b> 1:15 – 2.30 Contact Susan & Ian Woodgate 8657 0078	NURSERY SCHOOL <b>Humpty Dumpty's</b> <b>12.30 – 2.30</b> <b>pre – weekend relax</b> <b>for mums and kids 0-5</b> play / toy areas – drinks – ploughman's if ordered Sam: 8651 9418 Kelly: 8651 4609	<b>Events Start at 8pm</b> Sept 20 <sup>th</sup> Race Night and BBQ Sept 27 <sup>th</sup> Poker Night and Food *6pm Start – Players to book in advance with Centre Manager Thurs. Oct. 2 <sup>nd</sup> . Del & Al's Quiz Night £3 Entry Fee, Sandwiches, Winner Takes All Fri. Oct. 10 <sup>th</sup> . Disco – 8.30pm Fri. Oct. 24 <sup>th</sup> . Play Your Cards Right Sat. Nov. 1 <sup>st</sup> . Halloween Party – Fancy Dress Fri. Nov. 7 <sup>th</sup> . Disco – 8.30pm
12pm	<b>Autumn Club 2 – 4</b> <u>2<sup>nd</sup> &amp; Last Monday</u> <u>Of Every Month</u> Contact John Graystone 8651 2698	<b>Kids ( ages 7-12 )</b> <b>Dance Club 6-7</b> Louise 07756075701 <b>Aerobics Class 7-7.45</b> Louise 07756075701	<b>Kids Alive 6 – 7.15</b> Contact Susan & Ian Woodgate 8657 0078	<b>Weight Watchers</b> 6 – 8.30 Contact 01689 602135	<b>Childrens</b> <b>Dance Class</b> <b>4.45 – 5.45</b> Contact Grace 07795642349 <b>Karate 7-8 Contact</b> Mo 8777 1820	
3pm	Contact John Graystone 8651 2698					
6pm	<b>Table Tennis</b> 7.30 – 10.00 Contact Mark 8409 0138					
Rear Hall Half am	NURSERY SCHOOL Term Time	NURSERY SCHOOL Term Time <b>Toddler Group</b> 1:15 – 2.30 Contact Susan & Ian Woodgate 8657 0078	NURSERY SCHOOL Term Time <b>Family Group</b> <b>12.30 – 2.30</b> For mums & under 5s - Contact Croydon Family Groups: 8686 7490	NURSERY SCHOOL Term Time <b>Toddler Group</b> 1:15 – 2.30 Contact Susan & Ian Woodgate 8657 0078	NURSERY SCHOOL <b>Humpty Dumpty's</b> <b>12.30 – 2.30</b> <b>pre – weekend relax</b> <b>for mums and kids 0-5</b> play / toy areas – drinks – ploughman's if ordered Sam: 8651 9418 Kelly: 8651 4609	Fri. Nov. 14 <sup>th</sup> . Race Night – 8.30pm Fri. Nov. 21 <sup>st</sup> . Disco – 8.30pm Fri. Dec 4 <sup>th</sup> . Shirley's Quiz Night £3 Entry Fee, Sandwiches, Winner Takes All Fri. 12 Dec. Race Night – 8.30pm Sun. 21 <sup>st</sup> . Childrens' Christmas Party See Noticeboards For More Details Weds. Dec. 24 <sup>th</sup> . Christmas Eve Disco
12pm	<b>Autumn Club 2 – 4</b> <u>2<sup>nd</sup> &amp; Last Monday</u> <u>Of Every Month</u> Contact John Graystone 8651 2698	<b>Kids ( ages 7-12 )</b> <b>Dance Club 6-7</b> Louise 07756075701 <b>Aerobics Class 7-7.45</b> Louise 07756075701	<b>Kids Alive 6 – 7.15</b> Contact Susan & Ian Woodgate 8657 0078	<b>Weight Watchers</b> 6 – 8.30 Contact 01689 602135	<b>Childrens</b> <b>Dance Class</b> <b>4.45 – 5.45</b> Contact Grace 07795642349 <b>Karate 7-8 Contact</b> Mo 8777 1820	
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6pm	<b>Table Tennis</b> 7.30 – 10.00 Contact Mark 8409 0138					
Lounge Area			<b>Forum Tea Dances</b> All Levels £2 each <u>2<sup>nd</sup> Wednesdays</u> 2.45 – 4.45 £2 each <b>8 Oct., 12 Nov., 10</b> <b>Dec., 14 Jan 11 Feb</b> Contact Stan Smoker 8651 1738	<b>Thursday Rendezvous</b> <b>1.30 – 3.30</b> Open to <b>Non FRA</b> <b>Members</b> to Meet & Chat over Non Alcoholic Drinks. Snacks will become available if regular demand dictates.	<b>Friday</b> <b>Rendezvous 1 - 3</b> Open to <b>Non FRA</b> <b>Members</b> to Meet & Chat over Non Alcoholic Drinks. Snacks will become available if regular demand dictates.	<b>Sundays</b> <b>Aerobics Workout</b> <b>In Hall 10:00 am</b> £3.50 per session Contact Jade On 07711919441